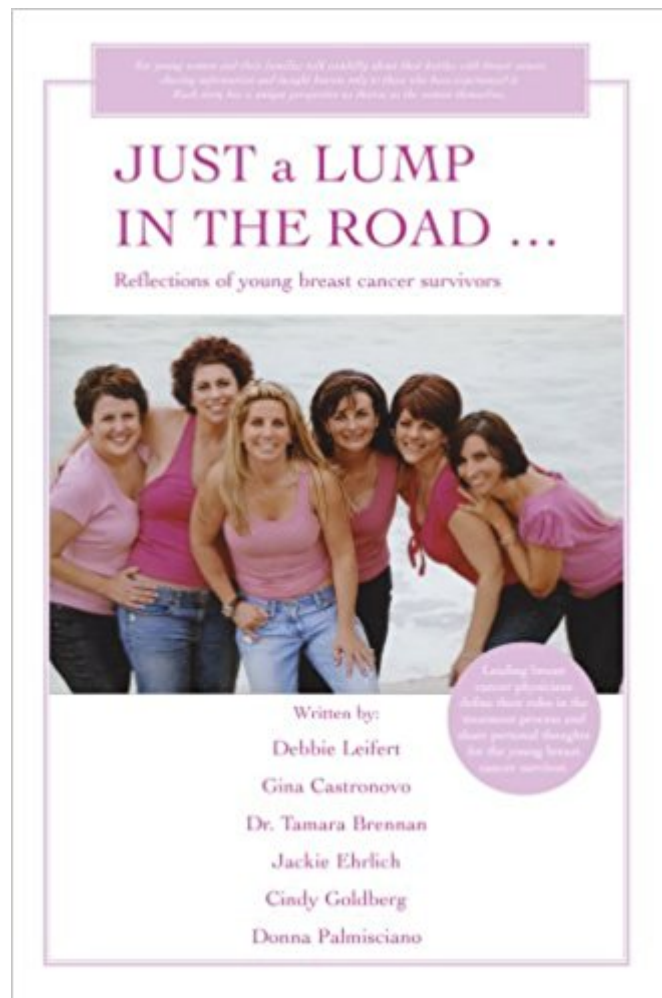




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# JUST A LUMP IN THE ROAD ...: Reflections Of Young Breast Cancer Survivors



## Synopsis

Today, approximately one in eight women will be diagnosed with breast cancer<sup>97</sup>;and many will be under the age of fifty. There are currently more than 250,000 breast cancer survivors in the United States who are just forty-five years old or younger. They are daughters, wives, mothers, sisters, and friends, whose illness and subsequent treatment affect entire families and communities. And they face issues wholly unique to their age group. A collaborative effort by six young breast cancer survivors, *Just a Lump in the Road*<sup>85</sup>; shares the kind of candid information, insight, and inspiration that only girlfriends who have <sup>93</sup>been there<sup>94</sup>; can deliver. Each story is as diverse as the women themselves, and modesty is hurled aside as they discuss dating and mastectomies, children and mortality, and treatment and hair loss. Together with the doctors and healthcare professionals who continue to care for them, the women also provide an overview of the many types of breast cancer treatments now available.

## Book Information

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## Customer Reviews

Brought together by the life-altering diagnosis of breast cancer, the six coauthors are a diverse group of women with diverse careers, including homemakers, a veterinarian, an interior designer, a marketing representative, an entrepreneur and two former schoolteachers.

JUST a LUMP IN THE ROAD ...: Reflections of young breast cancer survivorsThis book is factual and real, I imagine all those reading it would connect with one or more women directly in the various

stories. Be you single women, moms or career people this book offers life slices of admirable women who give hope to those facing breast cancer. Be not afraid! Thanks girlfriends!

Working in an oncology office, I recently met a patient diagnosed with breast cancer, who "inspired" me to learn more. I immediately logged on and found this book, in hopes of reading it, and then passing along to several of our patients diagnosed with breast cancer. I read it in one night and found it to be very helpful, not only to the patient, but for me as someone who works with these women daily-an "on-looker". The experiences shared are universal, and tend to "normalize" the fears that many of our patients have shared with me. The fears are justified- and although a traumatic diagnosis, this book certainly offers support and compassion through it's stories.

This book is a must read for anyone with breast cancer. It is very informative and insightful for the patient and caregivers (friends, family, etc). It provides important and useful information. The way in which the authors write about this information is in a very relaxed and comfortable setting; almost as though they are having a conversation with you and just sharing their experiences. Being a recently diagnosed breast cancer patient myself I found this book extremely helpful. I wish this book was available when I began my treatments, it would have answered many questions for me. Thank you to the authors for being so honest.

This book is an incredible resource for young women with breast cancer. Not only does it document these women's journey in a frank and insightful way, this book provides tips, strategies, and personal experience to make this difficult time a little easier. It is divided into clear sections, as not to overwhelm anyone reading it...read just the needed section at a time. The authors also included important information from leading doctors in the field. Also, it is so nice to see the pictures of these young women, so beautiful and healthy, throughout the book. I think this book will help and guide so many women on their path to wellness.

What a truly unique book this is. It provides a wealth of information for everyone who is touched by breast cancer: those affected, their families, friends and caregivers. Information is provided clearly and concisely -- but is not overwhelming or over "technical". The women who wrote this book, giving so freely and unselfishly of themselves, are well on their way to helping countless others. We should all take a lesson from their honesty, bravery and perseverance. Take the time to read this book -- and pass it on to all those you know it will help.

Amazing book, amazing women! This book is a must have for anyone beginning this scary journey, as well as anyone traveling with them. These women share valuable information, insight and hindsight that only survivors can provide. Each "sister" tells her own experience with style and honesty. You may relate to one more than the other, but you will love them all. I laughed, I cried, I cheered.

This book is not just for the person who has cancer but for those dealing with a loved one who has it. I bought this book for my mother who was having a rough time facing the fact. Not only did it help her feel ( and Look) so much better but after reading it myself I feel so much better about it. If cancer is affecting your life in any way i say BUY THIS BOOK.

This book is a great resource, written by real people. It's nice to have a roadmap of other people's experiences who have gone through the same thing you are going through. This book should be on the best seller's list for anyone going through breast cancer, especially young women who are the newest face of this disease.

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